



# UNITED STATES TAEKWONDO LEAGUE NATIONAL CHAMPIONSHIPS JULY 11TH & 12TH

**Detroit Marriot, Renaissance Center  
Detroit, Michigan**

## **Competition General Information**

### **AGE DETERMINING DATE:**

Athletes shall compete at their age as of July 1, 2008. Athlete should have certified copy of birth certificate in the event proof of age is required.

### **RULES:**

USTL Rules as documented in the 2008 USTL Rules Handbook shall apply. They are available for download on the internet at [www.choongsil.com](http://www.choongsil.com) (look for USTL links). All officials/coaches are strongly encouraged to attend the FREE Seminar offered on Thursday, July 5th. Their floor passes will be distributed then. *All officials and coaches are asked to register with enclosed forms to help us plan the tournament and have the appropriate credentials available.*

### **UNIFORM REQUIREMENTS:**

All contestants must wear a white traditional or v-neck dobok (uniform) only. Uniform may include club logo, patches and stripe embellishments.

No rolled sleeves will be allowed and the cuff of the sleeve must be no higher than one-half the distance between the wrist and the elbow. The cuff of the pant must be no higher than one-half the distance between the ankle and knee.

### **EQUIPMENT REQUIREMENTS:**

#### **Point Sparring**

Mandatory-- All competitors must wear full hand and foot protectors (Foam dipped/vinyl only), full head gear including a padded top (Dipped foam only), and mouthguard. Male competitors must also wear groin cup and supporter inside the pants. Safety equipment must be proper fitting and in good condition, without tears and may **not** be taped for any reason. Competitors may wear cloth or foam shin and forearm protectors at their discretion. Olympic style Chest Protectors are optional. Optional equipment may be worn inside the uniform. The USTL **prefers** that hand and foot protectors be red and headgear be red or white.

It is the responsibility of the parent, coach, instructor, and athlete, to insure that the competitor's dobok and sparring equipment meet USTL requirements.

### **AWARDS:**

Trophies will be awarded for 1<sup>st</sup> place with 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> place medals.

### **COMPETITION BELT RANK - For USTL TaeKwonDo Competitions:**

Beginner Division	consists of White, Yellow, and Orange Belts
Intermediate Division	consists of Green, Purple, and Blue Belts
Advanced Division	consists of both Red and Brown Belts
Black Division	Junior and Adult Black Belts, all Dan's

If your school or club uses any other belt ranking system, your athlete should conform to the above mentioned criteria.

When registering, please carefully indicate the correct belt division for your athlete as of the competition date.

***Competitors belt division will be as registered. No changes will be made.***

**USTL Competition Divisions:**  
**The following divisions shall be offered.**

**Forms**

<u>Age</u>	<u>Gender</u>	<u>Belt Divisions</u>
5-6	Both	White-Green, Blue & Up
7-8	Male/Female	Beginner, Intermediate, Advanced, Black
9-10	Male/Female	Beginner, Intermediate, Advanced, Black
11-12	Male/Female	Beginner, Intermediate, Advanced, Black
13-15	Male/Female	Beginner, Intermediate, Advanced, Black 1 & 2, Black 3 & up
16-17	Male/Female	Beginner, Intermediate, Advanced, Black 1 & 2, Black 3 & up
18-34	Male	Beginner, Intermediate, Advanced, Black 1 & 2, Black 3 & up
18-34	Female	Beginner, Intermediate, Advanced, Black 1 & 2
18+	Female	Black 3 & up
35+	Male/Female	Beginner, Intermediate, Advanced
35+	Female	Black 1 & 2
35-44	Male	Black 1 & 2, Black 3 & up
45+	Male	Black

**Team Forms Divisions (3 people per team)**

5-17yrs	Both	Black Belts
18 yrs +	Both	Black Belts

**Point Sparring in each Belt Division**

<u>Age</u>	<u>Gender</u>	<u>Class</u>	<u>Belts</u>
5-6 yr	Both	All	White-Green, Blue & up
7-8 yr	Male	Lt & Hvy	Beg, Int, Adv, & Black
7-8 yr	Female	Lt & Hvy	Beg, Int, Adv, & Black
9-10 yr	Male	Lt & Hvy	Beg, Int, Adv, & Black
9-10 yr	Female	Lt & Hvy	Beg, Int, Adv, & Black
11-12 yr	Male	Lt & Hvy	Beg, Int, Adv, & Black
11-12 yr	Female	Lt & Hvy	Beg, Int, Adv, & Black
13-15 yr	Male	Lt & Hvy.	Beg, Int, Adv, & Black
13-15 yr	Female	Lt & Hvy	Beg, Int, Adv, & Black
16-17 yr	Male	Lt & Hvy	Beg, Int, Adv, & Black
16-17 yr	Female	Lt & Hvy	Beg, Int, Adv, & Black
18-34 yr	Male	Lt./Mdl./Hvy	Beg, Int, Adv, Black 1 & 2, Blk 3+
18-34 yr	Female	Lt & Hvy	Beg, Int, Adv, & Black 1 & 2
18+	Female	Lt & Hvy	Black 3 & up
35+	Male	Lt & Hvy	Beg, Int, & Adv
35+	Female	Lt & Hvy	Beg, Int, Adv & Black 1 & 2
35-44 yr	Male	Lt & Hvy	Black 1 & 2, Blk 3+
45 – Up	Male	Lt & Hvy	Black

**Team Sparring Divisions (3 people per team)**

12, 13, 14	Male	At least 2 weight classes on team	Black
12, 13, 14	Female	At least 2 weight classes on team	Black
15, 16, 17	Male	At least 2 weight classes on team	Black
15, 16, 17	Female	At least 2 weight classes on team	Black
18 & up	Male	At least 2 weight classes on team	Black
18 & up	Female	At least 2 weight classes on team	Black

**Weapons Divisions**

15 & Under	Both	All ranks
16 & up	Both	All ranks

**Power & Creative Board Breaking Divisions**

18 & Up	Male	Black
18 & up	Female	Black

The tournament director reserves the right to further divide or combine divisions depending on the number and relative size of competitors registered to compete in each division. Weight classes published in the rules manual are only a guide and divisions will be made based on the size and weight of competitors in order to ensure the best possible competitive situations.