

2. White Belts and Yellow Belts will compete with Drill Work and One-step Sparring Combinations as outlined below:
  - a. Due to the differences in terminology among CTF schools, the Center Judge (or his designee) will demonstrate the techniques called for in the Drill Work.
  - b. Matches may be run either as single elimination according to the same Bye System used in Free-Sparring or graded similarly to forms.
  - c. The competitors may do the one-steps either with or without partners.
  - d. If the Bye System is used, winners will be determined by a judge's decision. Rounds will be two (2) minutes in length. The Center Judge will call for a decision and all three Judges will hold up the colored flag indicating the winner.
  - e. If the Center Judge chooses to score each competitor as in forms, then he will conduct the competition in a similar manner to forms. The competitor with the highest total points wins. If there is a tie, the tie will be run off in the same manner as forms competition.
  - f. Judging criteria are stances, geometry, execution, focus, power and difficulty of techniques.