

Yellow Belt Patterns

Song Song:

(30 moves, right foot returns)

Song Song means "Imagination." In the initial stage of philosophical development, students must use their imagination to set goals beyond their current limitations and, from this, visualize their achievements in advance. This, in turn, strengthens their belief system to the point that specific goals are possible and obtainable.

Dan Gun:

(21 moves, left foot returns)

Dan Gun is named after the holy Dan-Gun, the legendary founder of Korea in the year 2333 BC.

Do San:

(24 moves, right foot returns)

Do San is the pseudonym of the patriot Ahn Chang-Ho (1876-1938). The 24 movements represent his entire life which he devoted to furthering the education of Korea and its independence movement.