

# Black Belt Summer Camp



Come join the fun at Camp Choong Sil Kwan. Enjoy Taekwondo to its fullest with individualized instruction from Master Hardin.

We promise you camp will provide you with new & unique experiences.

Register now before all spots for campers are taken

See you at camp!

## Things To Bring To Camp

- Uniform (for pictures)
- Sparring Equipment
- Extra T-Shirts (for workouts)
- Extra Shorts & Sweat pants
- Swim Suit
- Running Shoes
- Toiletries
- Wet Shoes
- Lots of Underwear
- Notebook
- Prescription Medicine
- Health Insurance Information

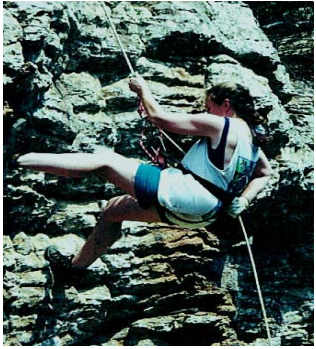
### Extras (Strongly Recommended)

- Snacks & Soft Drinks (if desired)
- Suntan Lotion
- Skin Lotion
- Camera and Film
- Sunglasses
- Insect Repellent
- Lip Protection
- Hat



# 2012 Camp Choong Sil Kwan





# Summer Black Belt Camp Schedule

**OZARK WILDERNESS LODGE  
LIMESTONE, AR**

## Men's Camp

**12 Noon Wed. May 30th 'til  
Sunday 11 AM June 3rd  
Cost: \$195.00 per person**

## Women's Camp

**12 Noon Wed. June 20th 'til  
11 AM Sun. June 24th  
Cost: \$195.00 per person**

**Prior year's exciting activities included:**

**Taekwondo  
Rappelling    Canoeing  
Paintball    Mule rides  
ATV rides    Massages  
& more**

*Please call us to coordinate flights and to  
arrange for transportation from local  
airports.*

# Camp Registration Form

Name: \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone #: \_\_\_\_\_

Rank: \_\_\_\_\_ Age: \_\_\_\_\_

Instructor: \_\_\_\_\_

**Check Camp you wish to attend:**

- Women's Camp - \$195.00**
- Men's Camp - \$195.00**

**I am interested in having a massage during camp.  
(Estimated add'l cost—\$30 for 1/2 hour)**

1/2 hour     1 hour

*(There will be an additional cost of about \$50/hr. due to the  
massage therapist at camp if you choose to have a massage.)*

### Release Agreement

I understand that martial arts camps can be an extremely rigorous physical activity and while the camp directors do as much as possible to provide safe training facilities, no such camp can guarantee the absolute safety of participants. I hereby agree not to hold the organization, any instructor, nor fellow camper responsible for my well being or any injuries that may occur during camp. While waiving responsibilities, I also warrant that I have personal medical insurance to cover me while participating in camp activities.

\_\_\_\_\_  
Camper's Signature

**IN ORDER TO RESERVE YOUR SPOT, SUBMIT THIS FORM  
WITH A \$50 DEPOSIT AS SOON AS POSSIBLE.  
(CAMPS WILL BE LIMITED TO 20 PARTICIPANTS EACH)**

### Questions?

*Call the CTF Office  
(870) 428-5353 or*

*E-mail—choongsil@hughes.net*

*Camp will be held in the beautiful  
Ozark Mountains about 1 hour north  
of Russellville, AR. You will bunk in  
the Ozark Wilderness Lodge in the  
Limestone valley where a wide variety  
of outdoor adventures are possible.  
Maps will be mailed to you upon  
receipt of your registration.*

**Participation is limited so Register NOW!**

**Return Registration  
and  
\$50 Deposit To:**

**Choong Sil TKD Fed.  
HC 31, Box 120  
Deer, AR 72628**

